A policy platform to promote active travel and health: Transport, Health and Environment Pan-European Programme (THE PEP)

Nino Sharashidze
Constitution of the World Health Organization, 1947

“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”
Health and environment effects of transport

- Air pollution
- Road traffic injuries
- GHG emissions
- Noise from transport
- Reduced opportunities for physical activity
- Land-take
- Biodiversity fragmentation
- Congestion
THE PEP for the health and wellbeing of our countries

- Established in 2002
- Joint Secretariat
- 56 countries of UNECE-WHO/Europe
How THE PEP operates

➢ High-level Meeting on Transport, Health and Environment
➢ THE PEP Steering Committee - principal decision-making body
➢ THE PEP Bureau – 3 sectors, 9-15 members
➢ Implementing mechanisms
**THE PEP Priority Goals**

**Goal 1:** Contribute to sustainable economic development and stimulate job creation through investment in environment- and health friendly transport.

**Goal 2:** Manage sustainable mobility and promote a more efficient transport system.

**Goal 3:** Reduce emissions of transport-related GHGs, air pollutants and noise.

**Goal 4:** Promote policies and actions conducive to healthy and safe modes of transport.

**Goal 5:** Integrate transport, health and environmental objectives into urban and spatial planning policies.
THE PEP High-Level Meetings

Amsterdam – 2009
Paris – 2014
Vienna - 2020
National Transport Health and Environment Action Plans (NTHEAPs)
Health Economic Assessment Tool (HEAT) for walking and cycling

www.heatwalkingcycling.org
GLOBAL ACTION PLAN ON PHYSICAL ACTIVITY (GAPPA) 2018-2030

Target - 15% relative reduction in the global prevalence of physical inactivity in adults and in adolescents by 2030, using a baseline of 2016
Towards Pan-European Master Plan for Cycling Promotion

➢ Double cycling in the pan-European Region
➢ Increase the safety of cyclists and halve the number of fatalities and serious injuries of cyclists
➢ Integrate cycling into health policies
➢ Integrate cycling into land use, urban and regional planning including infrastructure

Cycling as an equal mode of transport!
THE PEP contributes to several SDGs
Thank you for your attention!

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